

Bhagavad-Gītā is highly beneficial both in the material and in the spiritual lives. For spiritual seekers, amongst spiritual works, this is one of the best.

Like milk and water, good and bad are intermixed in life. To get relief from situations where one is unable to differentiate between what is good and what is bad, and to get freed from conflicts between what is desirable and what is not, the Bhagavad-Gītā should be studied regularly.

The Lord has taught the world through Arjuna that one should carefully observe and distinguish between good and evil, and categorically choose to follow the path of Dharma. The Padma Purāṇa states that while it requires a certain caliber to chant the Bhagavad-Gītā knowing its meaning, even simply chanting the verses also produces great rewards.

For each chapter of the Bhagavad-Gītā, a specific significant story and its benefit are narrated in the Padma Purāṇa. The Bhagavad-Gītā in essence, is a treasure house of powerful sound.

Regular chanting of the Bhagavad-Gītā develops a good personal culture. It bestows great comforts. Life becomes fulfilled.

- Paramahansa Parivrājakācāryavarya

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